

Episcopal Church of the Incarnation
Eleventh Sunday after Pentecost
August 4th, 2024

The Processional Hymn

[H] 359

The Collect

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The First Reading

Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the Lord said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.”

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the Lord, for he has heard your complaining.’” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and

said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

Psalm 78:23-29

[S]410

Robert Knox Kennedy
(b. 1945)



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- 23 So he commanded the clouds a- | bove *
and opened the doors of | heaven.
- 24 He rained down manna upon them to | eat *
and gave them grain from | heaven.
- 25 So mortals ate the bread of | angels; *
he provided for them food e- | nough.
- 26 He caused the east wind to blow in the | heavens *
and led out the south wind by his | might.
- 27 He rained down flesh upon them like |/ dust *
and winged birds like the sand of the | sea.

28 He let it fall in the midst of their | camp *
and round about their | dwellings.

29 So they ate and were well | filled, *
for he gave them what they | craved.

The Second Reading

Ephesians 4:1-16

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

“When he ascended on high he made captivity itself a captive; he gave gifts to his people.”

When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? (He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Gradual Hymn**[H] 527, stanzas 1-2****The Gospel Reading****John 6:24-35**

On the next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

The Sermon Hymn**[H] 527, stanza 3****The Sermon****The Rev. Jenny Gettys**

Offertory Anthem

“Jesus, Lover of My Soul”

1 Jesus, Lover of my soul,
let me to thy bosom fly,
while the nearer waters roll,
while the tempest still is high;
hide me, O my Savior, hide,
till the storm of life is past;
safe into the haven guide,
O receive my soul at last!

2 Other refuge have I none;
hangs my helpless soul on thee;
leave, ah! leave me not alone,
still support and comfort me!
All my trust on thee is stayed;
all my help from thee I bring;
cover my defenseless head
with the shadow of thy wing.

3 Plenteous grace with thee is found,
grace to cleanse from every sin;
let the healing streams abound;
make and keep me pure within.
Thou of life the fountain art,
freely let me take of thee:
spring thou up within my heart,
rise to all eternity.

Music: Joseph Parry (1941-1903). Words: Charles Wesley (1707-1788), alt.

Communion Hymns

[H] 302

[H] 339

The Processional Hymn

[H] 690

Calendar

Sunday, August 4	8:30 Holy Eucharist Rite I 9:30 Coffee Hour 10:30 Holy Eucharist Rite II
Monday, August 5	8:00 Livestreamed Morning Prayer
Tuesday, August 6	8:00 Livestreamed Morning Prayer 5:00-9:00 National Night Out
Wednesday, August 7	8:00 Livestreamed Morning Prayer
Thursday, August 8	8:00 Livestreamed Morning Prayer 5:30 Grief Support Group
Friday, August 9	8:00 Pre-recorded Morning Prayer
Sunday, August 11	8:30 Holy Eucharist Rite I 9:30 Coffee Hour 10:30 Holy Eucharist Rite II

ANNOUNCEMENTS

Grief Support Group

Darnell Wilkins convenes a grief support group on Thursdays at 5:30 at Incarnation.

National Night Out

On Tuesday, August 6, Gaffney will hold a fun festival of music, food, demonstrations, and vendors to bring the community together. Let's share the word about our wonderful church with our neighbors! We'll have a booth at which we'll give away bottles of bubbles with our church information on them. Want to help spread the joy? Sign up on the bulletin board in the hallway.

Morning Prayer Hiatus

Jenny+ and Miles will be on vacation August 10-24, as will Morning Prayer. You're encouraged to continue to pray the Daily Office on your own (or by way of the ECP app) until Monday, August 26 when our livestream will return.

Confirmation Sunday

Bishop Richards will be with us on Sunday, August 25, for Confirmations and Receptions. Join us to celebrate those who are committing themselves to follow Christ!

King of the Casseroles

On Sunday, September 1, our monthly breakfast will return at 9:30 with the King of the Casseroles competition. Everyone is invited to bake their finest, most innovative breakfast casserole and bring it to church. We'll sample them all and vote for our favorite. One chef will win the coveted golden spatula award and bragging rights for the coming year.

Episcopal Coffee and Conversations

The first and third Tuesdays of each month (starting September 3) at 11:00 we'll gather to explore our faith more deeply. Come this first week of the fall with all your questions about our practices and positions so we can set our agenda for the next few months.

Deep Dive into the Book of Common Prayer

Our all-ages Sunday School class will start Sunday, September 8. Our Book of Common Prayer is a treasure trove of prayers and liturgies for every occasion. We'll explore it in depth. Who wrote it and when? How can I use it at home? How do I find out what Episcopalians believe? We'll answer these questions and more as we explore the BCP from cover to cover.

Next Week's Readings:

1 Kings 19:4-8, Psalm 34:1-8, Ephesians 4:25-5:2, John 6:35, 41-51

Donations

To make an online contribution to Incarnation, go to our web site www.Incarnation-Gaffney.org and go to "Giving" under the "About" tab. Or scan the following QR code:



To cover the fees associated with either of these ways of giving, check the “cover fees” box. And thank you!

THOSE WHO SERVE

	August 4 11 th Pentecost 10:30 am	August 11 12 th Pentecost 10:30 am
Altar Guild	Carla Winter Jackie Hoffman	Hope Greene Marty Marett
Coffee Hour	Ellie Bird	Marty Marett
Greeters	Ed and Jackie Hoffman	Jamie and Hope Greene
Digital Greeter	Cora Torres	Angharad Torres
Camera	Max Hyde	Asher Torres
Nursery	Carla Winter	Marty Marett
Euch. Min.	David Cornmesser	Cynthia Glidden
Crucifer	Angharad Torres	Cora Torres
1 st Lector	Don Bird	Joette Johnson
2 nd Lector	Ben Torres	Hope Greene
Intercessor	Cora Torres	Ellie Bird
Flowers	Available	Available
Counters	Ben Torres Ed Hoffman	Scott Glidden Joette Johnson
Pew Racks	Asher Torres	Hope Greene