

The Incarnation Word

March 2024

We love and serve the Lord by loving and serving others.

Do you remember back in January when we each selected a "star word" from those hanging along the altar rail? The word was meant to guide us toward a deeper relationship with Jesus through the coming year just as the Star of Bethlehem led the Wise Men to Jesus' presence. Well, I'm sick of my word and the lessons it's teaching me!

The word I was led to was "Acceptance." In light of that word, I mulled over my impatient month-long wait for an MRI on my back, the subsequent two-week wait to get the results, and then the month-long wait for an appointment with a neurosurgeon. Even before that appointment, I knew the doctor's recommendation would allow me plenty of time to practice Acceptance. Sure enough, he told me surgery was the only way to eradicate my back pain. But before insurance would cover surgery, I would have to try yet another month of medicine (which made me sick and foggy) and physical therapy while the pain kept getting worse. Then, of course, there was the additional time it took to get insurance's approval and then get on the surgery schedule.

Here's what I've learned: I rage against the

reality that I'm not in control of my life. But my rage doesn't change that reality one bit. Now as I count the days until surgery, I realize I have no idea what I'll feel like, what I'll be capable of, after surgery. That's really, really uncomfortable! I want to have everything planned, every slot filled so life at Incarnation continues without a hitch. And I want to know exactly what date I can return to my full work schedule.

But then I see again that annoying word:
Acceptance. What if I could just let go?
What if I could accept the reality that I'm
not in control and trust you all and God to
make happen what needs to happen in order for Incarnation to carry on with or without me for however long recovery may
take? What if I could learn to accept what
comes my way and not need any more opportunities to practice acceptance?

I pray your star word has been as rich for



you as mine has been for me - although hopefully without the back pain!

> God's Peace, Jenny+

- Christian Education



Episcopalians 201 First & Third Tuesdays 11:00 am

We're having so much fun exploring the whys and

hows of our faith and worship! Our topics this month are:

March 5 - Manual Gestures

What does it mean when people bow, curtsy, or cross themselves during worship? We'll explain it all and then you can decide which gestures enhance your worship.

March 12 - Diversity in the Church We'll explore the history of the Episcopal Church's stance on women and LGBTQ persons.

Join us and plan to go to lunch together afterwards.

Episcopalians 101 Sundays at 9:30

On August 25th Bishop Richards will be at Incarnation to confirm and receive new members. Are you interested in learning more about the Episcopal Church or in becoming an official member? These fun, interactive classes run most Sundays through the end of April.

Our topics for March are:

March 10 - Sacred Time and the BCP
We'll explore the depth of our Prayer
Book and other worship resources. Then

we'll look at how the Prayer Book directs us to mark time.

March 17 - Holy Eucharist In what way is Jesus present in the bread and wine? What do we receive in Communion?



March 24 (Palm Sunday) and March 31 (Easter) we will not meet.

Youth Group Saturday, March 16th 8:30-noon

This month we'll be helping shoppers at Bread from Heaven. Join us at 8:30 to help fill the shelves with perishable food. Then we'll help our shoppers select what they'd like and carry their bags to their cars for them. Can't wait!!

– Evangelism

Prom Bash

Gaffney High School has asked for our help with their event to keep students safe on prom night. Sign-up sheets will be available soon!

Summer Concerts

Again this year we'll share the joy of bubbles with concert-goers. Watch the bulletin board for sign-up sheets and help us love folks!

— Hospitality

Breakfast Sunday, March 3rd at 9:30 am

Join us for a full southern breakfast of eggs, grits, bacon, sausage, biscuits and gravy, and fruit. Yum! If you're available to help set up and cook, meet us at 8:00.

Wednesday Lenten Suppers Wednesdays at 6:00 March 6th, 13th, and 20th

Before our Lenten Wednesday services at 6:30, we'll gather at 6:00 to share a simple meal of soup and sandwiches.



Want to help provide all or part of a week's meal? Sign up on the bulletin board in the hallway. And know how

grateful we'll all be!

Easter Breakfast Sunday, March 31 at 9:00

This year we'll gather for a delicious Easter breakfast at 9:00 before our joint service at 10:00. Sign up on the bulletin board in the hallway to bring some-



thing savory, something sweet, breads and muffins, or fruit. And plan to gather before our glorious worship!

Cinco de Mayo Picnic Sunday, May 5 at 11:45

Mark your calendars for this fun celebration in Jenny and Miles' back yard!

Pastoral Care

Birthdays

March 2	Sarah Batten
March 4	James Batten
March 4	Ree Batten
March 5	Cynthia Glidden
March 11	Miles Gettys
March 20	Noah Lindemann
March 31	April Mabry











Prayer List

The Sick:

David Taylor Jenny Gettys

The Deceased:

<u>The Homebound and Those with Long-</u> Term Needs:

Lucille Aldred Jake Blackwell Lauren Bridges

Alli Buhler

Tom and Anne Cooper

Billy Corbett Kathy Cutler Shirley Davidson

Ida May Glidden

Deloris Livingston Peter McAllister Renée McFalls

Kathy Gumphrey

Vincent Moore June Oman

Gary Pope, Sr.

Greg Power

Dever and Carolyn Smith

Linda Wilkins Tim Wood

<u>Those Whose Jobs Place Them in Harm's Way:</u>

Eliav Choney Jamie Greene John Gelok Mimi McCully Kyle and Ann Meade

Those Expecting Children:

Thames and Ty Higginbothom Lauren and Avery Bolander Katie and Darren Lueptow Mary Rives and Chris Evans



-Outreach

Bread from Heaven Top Ten

Our outreach crew has put together a "Top 10 List" for Bread from Heaven needs. Please make a note and keep an eye out for these products, as they are always in need for our food pantry:

- 1. Canned collard greens
- 2. Canned green beans
- 3. Canned tuna fish or chicken
- 4. Rice
- 5. Vienna sausages
- 6. Peanut butter
- 7. Canned fruit
- 8. Cereal
- 9. Macaroni & Cheese
- 10. Canned or dried beans

Souper Bowl of Caring Sunday, February 11



tacklehunger.org

Our young people collected \$147 and 23 pounds of food this year as part of this global effort to eradicate hun-

ger. 100% of what they collected was donated to Bread from Heaven. But it was also added to the international total in which to date 1,788 youth groups raised \$3,569,539 in cash and food. What a global difference it makes when we all do our little part right where we are!

-Worship

Wednesdays in Lent March 6, 13, and 20

Each Wednesday evening in Lent we'll gather at 6:00 for supper. At 6:30 we'll move into the church for a casual ser-



vice. Readings, discussion, and activities will help us focus on the Lord's Prayer, bringing the words to life for us. Each week we'll explore a different phrase:

March 6 - Give us This Day

In what ways does God provide for all our needs? Our activities will help us learn to trust God and others as we get inspired to be the way God provides for

those in need.

March 13 - Forgive us our Trespasses
We'll explore forgiveness through the
Parable of the Running Father and we'll
make a keepsake to remind us of God's
forgiveness.

March 20 - Deliver us from Evil

Mary will inspire us to remain faithful in the face of evil. Bright suncatchers will remind us that the evil of this world can't overcome us.

Plan to make these services part of your Lenten discipline!

Stations of the Cross Self-Guided Worship Available any time all Lent

We invite you to join Centuries of Christians who have made it their practice in

The Eighth Station

Any Warning

The Vermon of Derivation

The Vermon

Lent to walk the Way of the Cross, following in Jesus' footsteps to the cross and his death for us. As you make your way through our grounds (beginning at the parking lot entrance), you'll find a sign like

this one for each station. Each sign will have a QR Code on it for you to scan, pulling up a video for that station. The videos feature artwork by Margaret Adams Parker and music composed by Marty Wheeler Burnett to accompany the words of the liturgy.

The Stations is available any time and is open to anyone, so encourage your friends and neighbors to make it part of their Lent as well.



Palm Sunday Sunday, March 24

We'll begin services outside at 8:30 and 10:30 with the Liturgy of the Palms.

We'll recreate Jesus' triumphal entry into Jerusalem as we wave our palm branches and shout "Halleluia." As we move into the church, the tone of the service changes. We'll hear a dramatic reading of the entire story of Jesus' arrest, torture and death. Then we'll receive the Eucharist, keeping in mind what Jesus endured to make that gift possible for us.

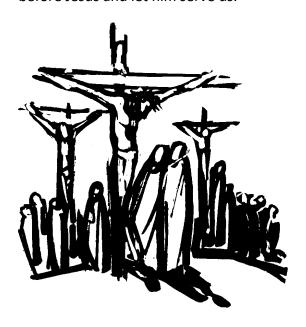


Maundy Thursday Thursday, March 28 6:00 pm

With gather at 6:00 for an Agape Meal in the parish hall. Bring bread, cheese, olives, and fruit as well as wine or grape juice to share as we feast together.

At 6:30 we'll move into the church to remember Jesus tenderly washing the feet of his disciples at the Last Supper.

Jesus told Peter, "Unless I wash you, you have no share with me," challenging him to let go of his inhibitions and allow Jesus to minister to him. It takes trust and vulnerability, which are the lessons of the day. Join us as we humble ourselves before Jesus and let him serve us.



Good Friday Friday, March 29 6:00 pm

Join us as we reflect on a night without Jesus. We'll hear the passion gospel and have a time when we can make our private devotions at the cross. For this one night we won't receive the Eucharist.

Easter Day Sunday, March 31 10:00 am



Bring bells to ring as we bring back the "alleluia" and celebrate the resurrection! Our altar will be surrounded by shrubs which will be planted around the grounds as memorials to those not with us and

in celebration of our many blessings.

Confirmation Sunday, August 25

Confirmation is the sacrament in which we receive the laying on of hands by the bishop and the gift of the Holy Spirit which empowers us to live into the fullness of our baptismal promises. It's also the way to become a "card-carrying" Episcopalian and a member of Incarnation. Is this a step you'd like to take? Let Jenny+know and plan to attend the Episcopalians 101 classes described on page 2.

- March Readings

Date	1st Reading	Psalm 2nd Reading		Gospel Reading	
March 3	Exodus	Psalm	1 Corinthians	John	
3rd Lent	20:1-17	19	1:18-25	2:13-22	
March 10	Numbers	Psalm	Ephesians	John	
4th Lent	21:4-9	107:1-3, 17-22	2:1-10	3:14-21	
March 17	Jeremiah	Psalm	Hebrews	John	
5th Lent	31:31-34	51:1-13	5:5-10	12:20-33	
March 24	Isaiah	Psalm	Philippians	Mark	
Palm Sunday	50:4-9a	31:9-16	2:5-11	14:1-15:47	
March 31	Isaiah	Psalm 118:1-2,	Acts	Mark	
Easter Sunday	25:6-9	14-24	10:34-43	16:1-8	

- March Servers

Date	March 3 3rd Lent	March 10 4th Lent	March 17 5th Lent	
Altar Guild	Carla Winter Jackie Hoffman	Hope Greene Marty Marett	Dawn Bridges Jennie Hamrick	
Coffee Hour	Breakfast	Marty Marett	Robin Childers	
Greeters	Ed and Jackie Hoffman	Greene Family	Carla Winter Ellie Bird	
Digital Greeter	Lainey McAllister	Hope Greene	Angharad Torres	
Camera	Max Hyde	Asher Torres	Angharad Torres	
Nursery	Carla Winter	Marty Marett	Cathy Roberts	
Eucharistic Minister	Cynthia Glidden	Don Bird	Robin Childers	
Crucifer	Niccie Dearing	Lainey McAllister	Noah Lindemann	
1st Lector	Ellie Bird	Joette Johnson	Gena Poovey	
2nd Lector	John Gelok	Amanda McAllister	David Cornmesser	
Intercessor	Angharad Torres	Don Bird	John Gelok	
Flowers	None	None	None	
Counters	Ed Hoffman John Gelok	David Cornmesser Ellie Bird	Robin Childers Cynthia Glidden	
Pew Racks	Amanda McAllister	Hope Greene	Angharad Torres	

- March Servers

Date	March 24 Palm Sunday	March 28 Maundy Thurs-	March 29 Good Friday	March 31 Easter Sunday	
Altar Guild	Becky Vassy Cathy Roberts Nancy Fowler	All Altar Guild Carla Winter		All Altar Guild	
Coffee Hr	Joette Johnson	Agape Meal None		Breakfast	
Greeters	Miles Gettys Charlie Zinko	Noah Lindemann Gena Poovey	Torres Family	Jennie Hamrick Robin Childers	
Dig. Greet.	Niccie Dearing	Angharad Torres	Cora Torres	Ben Torres	
Camera	Angharad Torres	Angharad Torres	Asher Torres	Ben Torres	
Nursery	Becky Zinko	None	None	Carla Winter	
Euch Min	David Cornmesser	Robin Childers	None	Niccie Dearing	
Crucifer	Angharad Torres	Robin Childers	Don Bird	Angharad Torres	
Torches	Lainey McAllister Cora Torres	Lights: Ellie Bird	None	Cora Torres Asher Torres	
1st Lector	Amanda McAllister	Gena Poovey	Angharad Torres	Cynthia Glidden	
2nd Lector	Bobbi Albert	Gena Poovey	Don Bird	Ellie Bird	
Intercessor	Cynthia Glidden	None	None	Ben Torres	
Flowers	None	None	None	Glidden	
Counters	Scott Glidden Niccie Dearing	None	None	Ben Torres Ellie Bird	
Pew Racks	Asher Torres	None	None	Cora Torres	

March Calendar

Sunday	Mon	Tues	Weds	Thurs	Fri	Sat
3 3rd Lent 8:30 Eucharist 9:30 Breakfast 10:30 Eucharist	4 8:00 MP on FB 9:00 Worship Comm.	5 8:00 MP on FB 11:00 Episcopa- lians 201	6 8:00 MP on FB 6:00 Supper 6:30 Service	7 8:00 MP on FB	8 8:00 MP on FB	9 9:00 DOK
10 4th Lent Time Change! 8:30 Eucharist 9:30 Episcopalians 101 10:30 Eucharist	8:00 MP on FB	8:00 MP on FB	8:00 MP on FB 6:00 Supper 6:30 Service	14 8:00 MP on FB 10:00 BfH Set-Up	8:00 MP on FB	8:30- 12:00 Bread from Heaven
8:30 Eucharist 9:30 Episcopalians 101 10:30 Eucharist 11:45 Vestry	18 8:00 MP on FB	8:00 MP on FB 11:00 Episcopa- lians 201	8:00 MP on FB 6:00 Supper 6:30 Service	21 8:00 MP on FB	8:00 MP on FB	23
24 Palm Sunday 8:30 Eucharist 10:30 Eucharist	25 8:00 MP on FB	26 8:00 MP on FB	27 8:00 MP on FB	28 Maundy Thurs. 8:00 MP on FB 6:00 Agape Meal & Service	29 Good Friday 8:00 MP on FB 6:00 Service	30
9:00 Covered Dish Breakfast 10:00 Eucharist	1 8:00 MP on FB	2 8:00 MP on FB 11:00 Episcopa- lians 201	3 8:00 MP on FB	4 8:00 MP on FB	5 8:00 MP on FB	6